

# Are human natal sex ratio differences across the world adaptive? A test of Fisher's principle

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- 1 Are human natal sex ratio differences across the world adaptive? A test of Fisher's
- 2 principle
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- 11 Running head: Adaptive sex ratio variation in humans?

#### 12 Abstract

Fisher's principle states that natural selection favours an equal number of male and female births 13 at the population level, unless there are sex differences in rearing costs or sex differences in 14 mortality before the end of the period of parental investment. Sex differences in rearing costs 15 should be more pronounced in low- than in high-resource settings. We, therefore, examined 16 whether human development index and sex differences in child mortality contribute to the natural 17 18 variation in human sex ratio at birth across the globe. As predicted by Fisher's principle, the proportion of male births increased with both increasing male-biased childhood mortality and 19 level of development of each country. However, these relationships were absent after accounting 20 for spatial autocorrelation in the residuals, which our inference is conditioned on. This work 21 shows how the failure to account for residual spatial autocorrelation can lead to incorrect 22 23 conclusions regarding support for predictions from sex allocation theory.

24

25 Keywords: adaptation; *Homo sapiens*; sex allocation; sex ratio; spatial autocorrelation.

#### 27 Introduction

After many years of research on the human sex ratio at birth (SRB), this topic continues to fascinate. Confined for a long time to more developed regions, reliable estimates on SRB now exist for most countries [1].There are more male than female births in all countries, but the degree of male bias varies considerably across the globe even when excluding countries known for practicing sex-specific abortion [1]. Countries in tropical latitudes produce fewer sons compared to countries in temperate and subarctic regions [2]. Yet, the adaptive significance of natural variation in SRB between countries is currently unknown.

Fisher's principle of equal investment is the bedrock of sex allocation theory [3]. 35 Extending the argument of Düsing ([4], translated in [5]), Fisher [6] claimed that parents should, 36 on average, divide their 'expenditure' equally between the sexes. The logic behind the Fisher's 37 argument has been nicely expounded by Hamilton [7], and Trivers [8] more precisely defined this 38 expenditure as 'parental investment', i.e. any behaviour provided to the offspring by the parents 39 that improves offspring fitness, but that decreases parent's future survival or reproductive 40 success. Fisher's principle states that natural selection favours an equal number of male and 41 female births at the population level, unless there are differences in the relative costs of rearing 42 male and female offspring or sex differences in mortality of offspring before the end of the period 43 44 of parental investment [3,6,9–12]. If sex-biased mortality occurs after the period of parental investment, then it has no influence on sex allocation [9,10]. 45

Specifically, if juvenile males show higher mortality than females during the period of parental investment, then average sex ratios at the beginning of parental investment (conception or birth) should be biased towards males and biases should be reversed by the end of the period of parental investment to maintain equal total investment in the two sexes (fig. 1a). Fisher himself pointed out, the human SRB follows this pattern [6]. Mortality is higher in boys than girls in most

parts of the world [13], but the male disadvantage varies both in space and time [14,15]. It 51 52 remains to be determined whether variation in SRB across countries can be attributed to sex differences in childhood mortality. The relative costs of raising boys and girls may also vary 53 across countries. For a given age, boys are likely to be energetically more expensive than girls in 54 part because of the sexual size dimorphism [16]. For example, the energy intake of pregnant 55 women in Boston (USA) is about 10% higher when they are carrying a boy rather than a girl [17] 56 57 and American mothers produce richer milk for sons than daughters [18]. However, evidence that these energetic costs translate into fitness costs for the mother is controversial, at least in terms of 58 lifespan [19,20]. Results from animal studies suggest that fitness costs of reproduction and sex 59 60 differences in rearing costs can only be evident under unfavourable ecological conditions [12]. Thus, raising a boy may have larger costs to the mother's subsequent survival or reproductive 61 success than raising a girl in developing countries, but not in developed countries. These fitness 62 costs should reduce any tendency to produce an excess of boys (fig. 1b). 63

Here, we use most recent estimates of natural SRB in various countries to test these hypotheses. We except that the proportion of male births increases with both the male-biased mortality between birth and age of 5 years (U5MR sex ratio) and human development index (HDI) recorded for each country.

68

#### 69 Material and methods

70 (a) Data

Chao and colleagues [1] compiled an extensive database from vital registration systems, censuses and surveys and developed Bayesian methods to estimate the number of male live-births divided by number of female live-births for 212 countries from 1950 to 2017. These ratios are provided without details about the number of males and females. Here, we calculated SRB as the

75proportion of males (i.e. SRB =  $N_{males}/(N_{males} + N_{females}))$  combining the ratio ( $N_{males}/N_{females}$ )76obtained from [1] and the annual total number of live births for each country ( $N_{total}$ ) from the UN77World Population Prospects (WPP) 2019 [21]:78-  $N_{females} = N_{total} / ((N_{males}/N_{females}) + 1)$ 

79 - 
$$N_{males} = N_{total} \cdot N_{females}$$

Note that estimates of N<sub>total</sub> from UN WPP were also used by Chao and colleagues [1]. For each 80 81 country, we calculated the average of ten values of SRB taken during the period 2008-2017. This 10-year timespan represents a good compromise of the relative benefits of long and short periods 82 (see [2] for more details), and estimates of U5MR sex ratios and HDI are available in most 83 countries during 2008-2017. As the focus of this work is natural variation in SRB, 12 countries 84 with strong evidence of sex-selective abortions during 1970-2017 [1] were excluded from the 85 analysis. U5MR sex ratios, expressed as the ratios of male to female rates of under-five mortality, 86 were obtained from UN Inter-agency group for Child Mortality Estimation [22]. U5MR sex ratios 87 were also estimated with Bayesian methodology [14]. The HDI is a summary measure of average 88 achievement in key dimensions of human development: a long and healthy life, being 89 knowledgeable and have a decent standard of living. The HDI is the geometric mean of 90 normalized indices for each of the three dimensions, and the higher a country scores the higher its 91 92 human development is considered be. HDI values are taken from the UN Development Programme [23]. We calculated an average U5MR sex ratio and HDI for each country over the 93 same 10-year period (2008-2017). 94

95

#### 96 (b) Statistical analyses

All analyses were performed using R version 4.0.2 [24] and code is available in supplementary
material. We first tested for the additive effects of U5MR sex ratio and HDI on SRB using a

binomial generalized linear model (GLM, n = 172). We checked the model fit diagnostics and as 99 observed SRB values display a strong spatial structure (fig. 2a), we paid particular attention to 100 residual spatial autocorrelation (lack of independence between geographically close countries) 101 which can affect tests and parameters estimates in statistical modelling [25]. Latitude and 102 longitude for the centroid of each country were obtained from the rgeos package, and spdep and 103 field packages were used to compute spatial weights as inverse geodesic distances. Patterns of 104 105 spatial autocorrelation were detected by drawing maps using ggplot, and we computed Moran's index I using the spatial weights and tested it by a randomization procedure. When spatial 106 107 correlation in the residuals was detected, this was taken into account with a spatial model (GS-108 GLM) using the package spaMM [26]. This model was designed to fit spatial autocorrelation in the residuals variance-covariance matrix using a Matérn structure defined at the global scale with 109 the function fitme [26]. We used parameter estimates and their 95% confidence intervals (CI) to 110 assess effects of U5MR sex ratio and HDI. 111

112

#### 113 **Results**

Spatial autocorrelation was high in observed SRB values (I=0.271, p=0.001, fig. 2a). The simple 114 GLM showed that SRB became more male-biased with U5MR sex ratio, as well as with HDI 115 116 (table 1a). However, there was a clear spatial pattern in the residuals, which highlights significant positive spatial autocorrelation (I=0.096, p=0.001, fig. 2b) indicating that explanatory variables 117 did not catch all the spatial structure of SRB values. So adding a spatial correlation structure in 118 the model is important to obtain unbiased tests and parameter estimates. The spatial model (GS-119 GLM) showed that neither U5MR sex ratio nor HDI exerted statistically significant influences on 120 SRB (table 1b). This latter model has adequately captured positive spatial autocorrelation (I=-121 0.028, p=0.968, fig. 2c). 122

123

#### 124 Discussion

Comparative approaches have been relatively underexploited in the field of sex allocation [10]. 125 While it is often impossible to predict whether the average SRB of a single population should be 126 biased, and if so, in what direction, it is possible to make relative predictions for how the average 127 SRB should vary across populations [10,27]. Such a comparative analysis was carried out here to 128 129 test some predictions from Fisher's principle. This principle predicts that parents compensate for higher mortality in males during the period of parental investment by producing male-biased SRB 130 [6,9]. Human SRB for the entire world population follows this pattern, but this is not the case for 131 132 between-country variation since we detected no significant relationship between U5MR sex ratio and SRB from 172 countries. In addition, we found no evidence for a significant effect of HDI on 133 SRB. 134

Determining the period of parental investment in humans is a major challenge given the 135 extremely long period of offspring dependence [28]. Because infancy and early childhood is the 136 period during which offspring require the most direct care [29], we investigated the influence of 137 sex differences in mortality between birth and age of 5 years on SRB. Nevertheless, it would be 138 informative to repeat this analysis using sex differences in mortality between birth and the 139 140 conclusion of adolescence once such estimates will be available for most countries. Furthermore, recent studies could call into question the general consensus that sex-biased mortality after 141 parental investment does not influence SRB [30,31]. It could be argued that parental investment 142 starts around conception. However, costs of gestation are small in comparison with those of 143 lactation in mammals [32] and the sex ratio at conception in US women is not male-biased [33]. 144

At the heart of Fisher's principle lies frequency-dependant selection, so this principle can
only operate if offspring sex ratio is heritable [34]. The question of heritability of SRB in humans

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has been addressed by some studies. Using a population genetic model with 1224 parentoffspring pairs, Gellatly [35] found a significant heritability of SRB by male, but not female
offspring. With a larger sample size (14 015 421 pairs), a near zero heritability of SRB was
observed in 20<sup>th</sup> century Sweden [36]. According to the authors, this lack of heritability renders
"Fisher's principle untenable as a framework for understanding human offspring sex ratio" [36].
However, the principle makes no inference that sex ratio is heritable when the population is at
equilibrium.

We are aware of some limitations of our study. First, U5MR sex ratio during 2008-2017 154 does not necessarily represent past conditions in which SRBs have evolved. Several laboratory 155 156 studies that have altered the sex ratio of animal population and monitored the direction of subsequent changes show that Fisherian evolution is a slow mechanism [10]. For example, in 157 Drosophila mediopunctata the sex ratio changes from 16% of males to 32% of males in 49 158 generations, with an estimated 330 generations to reach 50% of males [37]. Because data on 159 U5MR sex ratios are available for most countries in the world from 1990, a test of the influence 160 of past U5MR sex ratios on SRB of all countries is clearly a challenge for the future. Another 161 consideration is that the definition of population is easy to understand in conceptual terms but 162 difficult to operationalize. Considering one country as one population is bound to be a 163 164 simplification of reality. It would be interesting to examine whether the correlations tested here are significant at a more local scale (e.g., village level in some countries). 165

166 It is crucial to distinguish between spatial autocorrelation in the response variable and in 167 the residuals [38]. There is clear evidence of spatial autocorrelation in SRB of countries and 168 further studies need to be done to understand which factors explain this structure. The presence of 169 autocorrelation in the residuals of a model can be inherent to the response variable, due to the 170 omission of relevant explanatory variables or misspecification of the relationship among

variables (e.g., a quadratic function can fit the data better than a linear one). If residual 171 autocorrelation is present, even after model improvements (e.g., use of non-linear model, 172 integration of new explanatory variables), it represents a nuisance that needs to be taken into 173 account by appropriate methods [38]. Spatial autocorrelation in the residuals violates the 174 assumption of independence and leads to the underestimation of standard errors, and elevated 175 type I errors, if not accounted for [25]. In other words, failure to account for residual spatial 176 177 autocorrelation can result in falsely rejecting much more often than expected, the null hypothesis, while it is true. This phenomenon is well known in the literature of macroecological and 178 biogeographical modelling [38,39]. The present study underlines the importance of controlling 179 180 residual spatial autocorrelation in sex allocation studies, and therefore cautions against studies that ignore it. An approach that uses a simple linear model and ignores residual spatial 181 autocorrelation would have led to the incorrect conclusion that it had demonstrated that the 182 impeccable logic of Fisher's principle explains natural variation in human SRB across the globe. 183

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Data accessibility. Data are available in the Dryad Digital Repository:
 <a href="https://datadryad.org/stash/dataset/doi:10.5061/dryad.kkwh70s3g">https://datadryad.org/stash/dataset/doi:10.5061/dryad.kkwh70s3g</a> [40]

Authors' contribution. M.D designed the study, collected the data, and wrote the manuscript;
S.D analysed the data and wrote the manuscript. All authors gave final approval for publication
and agree to held accountable for the work performed therein.

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Table 1. Parameter estimates and 95% confidence intervals (CI) from two type of models including sex ratio at birth (SRB) as dependent variable, and sex differences in child mortality (U5MR sex ratio) and human development index (HDI) as independent variables (n=172).

301

type of model	parameter	estimate	95% CI
a) GLM	Intercept	-0.007	
	U5MR sex ratio	0.028	[0.019; 0.036]
No.	HDI	0.032	[0.029; 0.035]
b) GS-GLM	Intercept	0.034	
	U5MR sex ratio	0.006	[-0.027; 0.038]
	HDI	0.010	[-0.005; 0.026]



#### 303 Figure legends

Figure 1. The Fisher's principle predicts that both sex differences in mortality during the period 304 of parental investment and sex differences in rearing costs per unit of time should affect the 305 evolution of SRB (redrawn from [41]). In this hypothetical species, parental investment 306 (rectangle) is assumed to last 6 years and to be equal each year. At the population level, total 307 investment in each sex (cumulative surface area of the rectangles) is equal. a) Mortality is high in 308 males, but not in females. SRB is strongly male-biased and bias is reversed by the end of the 309 310 period of parental investment. b) An increased parental investment in males (larger rectangles) reduces the tendency to produce an excess of this less viable sex. 311

Figure 2. Maps of observed data and model residuals. a) Average sex ratio at birth (SRB) during 2008-2017 by country. b) Deviance residuals for the simple generalized linear model (GLM). c) Deviance residuals for the spatial GLM that considers a Matérn correlation structure (GS-GLM). Symbols for countries are colored by values and the size is proportional to the average number of births. Values for Moran's I index of autorrelation and p-value of the associated test are indicated.





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## Figure 2