

Evidence for centennial-scale Mid-Holocene episodes of hypolimnetic anoxia in a high-altitude lake system from central Tian Shan (Kyrgyzstan)

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1 Evidence for centennial-scale Mid-Holocene episodes of hypolimnetic anoxia in a high-2 altitude lake system from Central Tian Shan (Kyrgyzstan) 3 Philippe Sorrel^a, Kévin Jacq^b, Antonin Van Exem^b, Gilles Escarguel^c, Benjamin Dietre^d, 4 5 Maxime Debret^b, Suzanne McGowan^e, Jules Ducept^a, Emilie Gauthier^f and Hedi Oberhänsli^g 6 7 ^a Univ Lyon, Univ Lyon 1, ENSL, CNRS, LGL-TPE, F-69622, Villeurbanne, France 8 ^b Normandie Univ, UNIROUEN, UNICAEN, CNRS, M2C, 76000 Rouen, France 9 ^c Univ Lyon, Université Claude Bernard Lyon 1, CNRS, ENTPE, UMR 5023 LEHNA, F-10 69622, Villeurbanne, France ^d Institut für Botanik, Universität Innsbruck, Sternwartestrasse 15, 6020 Innsbruck, Austria 11 12 ^e School of Geography, University of Nottingham, University Park, Nottingham, UK 13 ^f UMR 6249, Laboratoire Chrono-environnement, 16 route de Gray, 25030 Besançon cedex, 14 France 15 ^g Museum für Naturkunde, Leibnitz-Institute Berlin (Mineralogy), Invalidenstrasse 43, 10115 16 Berlin, Germany 17 *Corresponding author: P. Sorrel; philippe.sorrel@univ-lyon1.fr 18 19 20 **Keywords** 21 Hyperspectral imaging, Paleolimnology, Paleoclimate, Lake stratification, Hypolimnetic 22 anoxia, Chemocline, Central Asia, Lake Son Kol, Holocene 23 24 25

Abstract

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27 Few sedimentary archives of lake meromixis are available in palaeolimnological records, because long-term observations are limited in time and indisputable sediment proxies of 29 hypolimnetic anoxia are still scarce. Here we use visible and near infrared (VNIR), and short-30 wave infra-red (SWIR) hyperspectral imaging combined with geochemical analyses to reconstruct lake stratification history, redox status and mixing conditions in the water column 32 of Lake Son Kol (Kyrgyzstan) in Central Tian Shan during the last 8500 years. In particular, 33 the detection of Bacteriopheophytin a (Bphe a), a pigment produced by anoxygenic 34 phototrophic bacteria at the chemocline of meromictic lakes, emphasizes episodes of multi-35 decadal to centennial hypolimnetic anoxia in Lake Son Kol. Phases of hypolimnetic anoxia 36 are inferred from the deposition of dark organic sediments within a stratified lake system, 37 which occurred during periods of increased snowmelt (and solid winter precipitation) and 38 warmer spring/summer temperatures that promoted floods and the export of terrestrial 39 material from the catchment. Prolonged euxinic conditions in bottom waters (involving the 40 development of a stable chemocline) are reported around 8500, 8400, 8200-7800, 7700-7500, 7300–7000, 6500–6100, 6000–5700 and 5500–5250 cal. yr BP. At ca. 5250 cal. yr BP, 42 the chemocline abruptly vanished as Lake Son Kol tipped into a regime with predominantly 43 cooler and well-mixed conditions (predominance of oxygenic phototrophs), coeval with higher lake levels. The disappearance of hypolimnetic anoxia in Lake Son Kol coincides with 44 45 strengthened wind conditions that imply enhanced lake overturning and upward mixing of nutrients in the water column. This study reveals the strong potential of hyperspectral 46 47 imaging, in combination with more classical palaeolimnological approaches, to reconstruct 48 the lake trophic and mixing history and explore the controlling mechanisms at work on 49 decadal to centennial timescales. Our results outline how abrupt ecosystem changes may 50 occur even in the absence of anthropogenic climate change.

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1. Introduction

53 Anthropogenic global warming is changing high-altitude ecosystems and environmental 54 dynamics (Solomon et al., 2007; IPCC 2013). Regional model outputs for Central Asia predict that seasonal surface temperatures in the region will increase from 3 °C up to 11.4 °C 55 56 on average, coeval with a decline in the amount of precipitation (Ozturk et al., 2012), 57 although uncertainties in hydrological/rainfall projections are existing. High elevation regions 58 of Central Asia (e.g., Tian Shan and Pamirs mountains, Tibetan Plateau) are particularly 59 vulnerable to warmer climate conditions (e.g., Christensen et al., 2007). In high-altitude areas, 60 a consequence of global warming may be shorter and wetter (and milder) winters along with 61 longer and drier summers (Christensen et al., 2007; IPCC, 2013). Increases in solid winter 62 precipitation, spring/summer temperatures, and (summer) rainstorms are likely to increase 63 flooding of snowmelt-fed lake basins. Warmer temperatures are also expected to lead to 64 eutrophication of lakes, depletion of oxygen in deep waters (Jenny et al., 2013), and longer 65 and stronger temperature stratification in summer (e.g., Adrian et al., 1995; Livingstone, 66 2003; Foley et al., 2012). Incomplete lake overturning may result in the development of a 67 chemocline (Davison, 1993) with an anoxic hypolimnion underneath (Butz et al., 2016), 68 which may last for prolonged periods (meromixis). Meromixis implies persistent lake 69 stratification over multiple years caused by chemical differentiation of the bottom waters, (cf. 70 seasonal thermal stratification which is common in deep temperate lakes and may occur 71 above the chemocline in a meromictic lake). Investigations of long-term trends in oxygen 72 depletion in lakes, and their relationship with climatic changes on timescales beyond the 73 instrumental period, are still scarce in high Central Asia. 74 Located at the intercept between the influences of the Westerlies and the Siberian Anticyclone 75 (Chen et al., 2008; 2010), the Tian Shan holds key information about past climate variability

76 and particularly temperature and hydrological changes in western Central Asia (e.g., 77 Rousseau et al., 2020). A number of valuable and high-quality lake sediment studies have 78 examined Holocene climate development in the Tian Shan and Pamir mountains (e.g., 79 Aichner et al., 2015; Beer et al., 2007; Li et al., 2011; Mischke et al., 2010; Chen et al., 2016; 80 Heinecke et al., 2016, 2017, 2018; Rousseau et al., 2020), including several at Lake Son Kol 81 (or Son Kul) in Kyrgyzstan (Huang et al., 2014; Mathis et al., 2014; Pacton et al., 2015; 82 Lauterbach et al., 2014; Schwarz et al., 2017, Wolff et al., 2017; Laug et al., 2020). The focus 83 of these works has been on the Mid- to Late Holocene, with however limited 84 palaeoenvironmental reconstructions between 8500 and 6000 cal. yr BP. Thus there are 85 virtually no high-resolution palaeolimnological records of long-term lake mixing conditions 86 from this region yet, which could provide information on the complex links between 87 environmental, climatic and anthropogenic changes in high-altitude settings. 88 Here we combine hyperspectral imaging (HSI) and X-Ray fluorescence (XRF) analyses of a 89 new core from Lake Son Kol (SK06) to obtain an unprecedented record of sedimentary pigment changes at ultra-high sampling resolution (µm-scale; sub-annual resolution). 90 91 Building upon the work of Huang et al. (2014), who inferred that most of the annual 92 precipitation switched from the summer to the cold (winter) season between the Mid- and 93 Late Holocene, we used sedimentary pigments and geochemical data to (i) decipher lake 94 trophic status during the last 8500 years, (ii) investigate when anoxic conditions developed in 95 the hypolimnion, and (iii) assess whether the occurrence of hypolimnetic anoxia can be linked 96 to climatic changes in Central Tian Shan. We further evaluate whether phase boundaries 97 identified in the multi-proxy dataset can be attributed to event-based phase transitions or more 98 gradual shifts using multivariate statistical analyses. Comparisons with other 99 palaeolimnological data from Lake Son Kol and regional records will be used to understand regional climate development in the Tian Shan, as well as implications for lake stratification 100

dynamics during the Holocene.

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2. Study site

104 2.1. Geological, environmental and lacustrine setting

The geology, geomorphology, climatic and lacustrine characteristics of Lake Son Kol have been extensively studied (Mathis et al., 2014; Huang et al., 2014; Lauterbach et al., 2014). Son Kol (41°50′52″N, 75°07′45″E, 3016 m a.s.l.) is the second largest natural lake in Kyrgyzstan, within the central Tian Shan mountain ranges (Fig. 1). It fills the central depression of an intramontane basin located between two generally east-west stretching mountain ranges, which are the Son Kol Too and Baidula Ranges (3200–3500 m a.s.l.) in the north and the Boor-Albas Range (3800-4000 m a.s.l.) in the south (Shitnikov, 1980). These mountain ranges are composed of Carboniferous sedimentary rocks and Permian granitoids (east and south) and Cambro-Ordovician metamorphic granodioritic and granitic gneisses, as well folded sedimentary in as strongly rocks the north (http://portal.onegeology.org/OnegeologyGlobal/). The modern equilibrium line altitude (ELA) of glaciers at north-facing slopes in the Central Tian Shan is ~3850-4100 m a.s.l., (Narama et al., 2007; Koppes et al., 2008), hence there are no glaciers in the lake watershed today and, based on ELA reconstructions, seem unlikely to have fed Lake Son Kol during the Holocene (Savoskul and Solomina, 1996). The widespread pasture-covered plains surrounding the lake are made up of Quaternary eroded material arranged in old Pleistocene moraines (Abramowski et al., 2006; Narama and Okuno, 2006) and inactive fan deltas. A large fluvial fan-delta nourished by cirque valleys of the Boor Albas range progrades from the southern shore into the lake. Along the southeastern and northeastern shore, large coastal sedimentary features such as sand spits and associated open lagoons have been developed by the prevailing westerly winds, indicating a stable lake level during at least the Late Holocene.

Today, Lake Son Kol is located above the treeline, on a high plateau surrounded by mountain meadows. Because of pronounced altitudinal changes over short distances, the vegetation rapidly changes within a few kilometers with the development of a lush alpine meadow in the lake catchment at ~3000 m a.s.l., while conversely steppe to semi-desert environments prevail in open lowlands (below 2000 m a.s.l) with sagebrush steppe (Artemisia) and Chenopodiaceae (Mathis et al., 2014). Lake Son Kol is ~29-km long and ~18-km wide, with a surface area of ~275 km² and a catchment of ~1130 km². The lake water volume is ~2.82 km³ and the lake is presently ~13-m deep (Lauterbach et al., 2014). According to the lake stratification classifications of Kalff (2002), the depth and climatic location of Lake Son Kol should make it susceptible to shifts in mixing regime. The lake has a single outlet at its southern end, which discharges into the Naryn River and then to the Syr Darya down to the Aral Sea basin. Apart from direct precipitation on the lake surface, most surface inflow is from several small mostly episodic rivers fed by rainfall, groundwater and snowmelt from neighbouring mountains (Huang et al., 2014). A few perennial rivers supply the lake from the west where they braid in a small alluvial plain at the shore. Today, however, most of the inflow is contributed by groundwater (Beloglasov and Smirnova, 1987). Average lake water temperature fluctuates between 16 °C (14.5 °C in summer 2007; Huang et al., 2014) and 0-2 °C in winter, with almost no stable thermal stratification throughout the year (Huang et al., 2014; Lauterbach et al., 2014). Earlier monitoring data reported average summer water temperatures of 12-13 °C (Beloglasov and Smirnova, 1987), with maxima of 20–23 °C during warmer years. Freezing starts in October and ice break-up may begin as early as March (up to late April) depending on short-term climatic variability (Huang et al., 2014). The water column of Son Kol is well mixed and oxygenated to the lake bottom in the summer, though a small oxygen minimum has been noted at a water depth of 1.5 m revealing

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respiration in the epilimnion (July 2007; Huang et al., 2014). Monitoring data from the 1960s and 1970s similarly reported a well-oxygenated water body throughout the whole year, but Beloglasova and Smirnova (1987) observed oxygen concentrations of 0.8–1.8 mg.l⁻¹ or less in the shallow water zone during winter. The strong fetch (maximum effective fetch of ~17 km; Håkanson et al., 1983) and the high wind frequency (wind speeds up to 20 km.h⁻¹ in summer and fall) impart efficient and complete mixing of the shallow water body. According to previous surveys the weather is calm only during 11% of the ice-free season (Beloglasov and Smirnova, 1987). In line with this, surface/intermediate flow currents reaching 2–8 cm.s⁻¹ across the water body (and up to 10 cm.s⁻¹ in the deepest part of the basin) reflect a highly dynamic lacustrine system (Beloglasov and Smirnova, 1987). Such conditions guarantee for a steady mixing of the whole water column and thus makes Son Kol mostly a polymictic lake nowadays (apart from under ice in winter). Son Kol is a moderate hard-water lake (4.56–4.96 mg⁻¹) with a mineralisation of 465 mg.l⁻¹ (summer) and 306 mg.l⁻¹ (winter) (Beloglasov and Smirnova, 1987). Accordingly, today it is a bicarbonate lake with weak magnesium dominance. Conductivity throughout the water column ranged between 515 and 530 mS.cm⁻¹ in the summer of 2012 (Schwarz et al., 2017).

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168 2.2. Climatic setting

Local climatic conditions lead to short temperate summers and severe cold winters, with snow cover between November and April. Mean annual air temperature is -3.5 °C (mean of 11 °C in summer and -20 °C in winter), based on the nearest meteorological station (Dolon, 41.8° N, 75.8° E, 3040 m a.s.l.) (Shnitnikov, 1980). Mean annual precipitation is 500–600 mm at Lake Son Kol, with a maximum in summer and a minimum in winter (Academy of Science of the Kyrgyz SSR, 1987). The current precipitation regime in the Tian Shan Mountains surrounding Son Kol is mainly regulated by the interaction between cyclonic activity driven

by the mid-troposphere Westerlies and the southwestern branch of the Siberian anticyclonic circulation (Aizen et al., 1997). Atmospheric dust concentrations (and loess) are maximal below 3000 m a.s.l in Central Asia, with thickest loess accumulations occurring between 1000 and 1300 m a.s.l in the piedmont regions of the Tian Shan (Machalett et al., 2008). Different airflows govern convective surface winds in western Central Asia and thus, the regional distribution of remote dust particles over the year (Bugaev et al., 1957; Shettler et al., 2014). During the summer northwestern, western and northern air intrusions and northeast anticyclonic flows control up to 83% of the local wind directions. Dust monitoring near Bishkek reveals besides that wet deposition is a substantial process for aerosol deposition in mountain areas (Shettler et al., 2014). Nonetheless, backwards trajectories calculated from Son Kol document that remote air masses likely also come from southern (Afghanistan) and further western (Mediterranean) and northern (North Atlantic) sources (Shettler et al., 2014).

3. Material and methods

190 3.1. Lake coring and cross-core correlation

Four sediment cores, including two sets of parallel cores, were extracted with a Uwitec piston corer in July 2007 from two different sites in the southeastern part of Lake Son Kol (Fig. 1). Core SK04 (133cm) was obtained at ca. 1.15 km from the southern shore (41°46′56.6″N, 75°08′18.2″E, 10.5 m water depth) while a second set of parallel cores, SK06 and SK07 was retrieved at 1.6 km northeast of core SK04 (41°47′45.2″N, 75°08′22″E, 12.5m water depth) (Fig. 1). Although cores SK04 and SK07 have been extensively analyzed recently (Mathis et al., 2014; Huang et al., 2014; Pacton et al., 2015), no integrative study has been undertaken on core SK06 yet, although it represents the longest lacustrine archive ever retrieved in Lake Son Kol. In spite of the significant distance between the two coring sites, the cores exhibit very similar sedimentary successions (and lithological marker layers), thus allowing a robust core-

to-core correlation (Fig. 2a), as also demonstrated by the good match between magnetic susceptibility records for cores SK04, SK06 and SK07 (Fig. S1). Core SK06 was split in half lengthwise and photographed directly after core opening. A detailed macroscopic description established the different sedimentary facies (Units I-VI) as well as the stratigraphic correlations between cores SK04, SK06 and SK07 (Fig. 2a). No compaction and/or disturbance was observed in SK06.

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3.2. Age-depth model

Owing to the robust core-to-core correlation between cores SK06, SK04 and SK07 (Figs. 2 and S1) and SK06 and SONK_11_D1/2 from Lauterbach et al. (2014) (Fig. S2), the chronology of core SK06 (Fig. 2b) was established using available radiocarbon (AMS ¹⁴C) dating of both terrestrial plant macroremains and bulk sediment organic matter (OM), complemented by one short-lived radionuclide measurement (²⁴¹Am). We selected and reappraised 8 bulk sediment samples and one terrestrial leaf from cores SK04 and SK07 (Huang et al., 2014) along with one terrestrial plant remains from core SONK_11_D1/2 (Lauterbach et al., 2014) (Table 1). ¹⁴C age anchor points were transferred to core SK06 using a detailed correlation of both lithological marker layers and magnetic susceptibility between core SK06 and SK04 and SK07 (Figs. 2a and S1) and between cores SK06 and SONK_11_D1/2 (Fig. S2). For the latter, the correlation at 33 cm in core SK06 of Poz-44073 date (at 33 cm in SONK_11_D1/2; Lauterbach et al., 2014) is a robust anchor point for the core SK06 chronology, making the Poz-26363 radiocarbon age at 30 cm too old, and so this date was rejected from the age model. Note that not all the radiocarbon ages reported in Huang et al. (2014) were applied to core SK06 by cross-core correlation, since we only rely on age points that could be confidently transferred to core SK06. Poz-26363, Poz-26370 and Poz-26372 dates were rejected because they imply the reworking of older material in younger

sediments. Poz-37470 date (bulk sediment organic matter) was not used either because a terrestrial leaf dated in the same stratigraphic level was preferred (Poz-37469). Other discarded ages correspond to depths that could not been matched properly between cores SK04 and SK06 (Poz-26368). A 150-yr reservoir age correction was further applied prior to calibration to each transferred conventional radiocarbon age by using the 155 ± 30^{14} C yr BP reservoir age obtained on live deep-water algae by Lauterbach et al. (2014) (Table 1). Such a small reservoir age offset implies that the recent hardwater effect is small; this is further confirmed by nearly identical radiocarbon ages (within error bars) obtained on one bulk organic sample (not used here) and a terrestrial leaf from the same stratigraphical level in core SK04 (see Table 1 and Huang et al., 2014). More detail regarding reservoir effects in Lake Son Kol is provided in Lauterbach et al. (2014). In order to constrain the age of the topmost sediments in core SK06, we used the close agreement of lithological markers in cores SK06 and SONK_11D1/2 and assumed that the notable increase in ²⁴¹Am activity at 5.5 cm in SONK_11_D1/2 occurs at 2 cm in core SK06 (Fig. S2), and corresponded to the Northern Hemisphere nuclear weapons testing maximum in 1963 CE (Appleby et al., 1991). The topmost ca. 2 cm of SONK_11_D1/2 are missing in core SK06. Finally, the age-depth model for core SK06 was established using 10 corrected conventional radiocarbon ages (Table 1), as well as the ²⁴¹Am anchor point at 2 cm sediment depth (most likely 1963 CE), as input parameters for a *P_Sequence* deposition model implemented in Oxcal 4.4 (Ramsey, 2008) (Fig. 2b). The k parameter was set to 1 (as in Huang et al., 2014) and the radiocarbon ages were converted to calendar years by using the IntCal20 terrestrial calibration curve of Reimer et al. (2020). The high agreement index A_{model} of 89.8% indicates that the chronology of core SK06 is reliable (Ramsey, 1995; 2001).

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251 3.3. Geochemistry

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Major elements in the sediments were measured by XRF at high-resolution (500-µm step size) on the split-core surface with an Avaatech Core Scanner (EDYTEM Laboratory). Prior to measuring, the core surface was cleaned and foiled to prevent contamination and core desiccation. The X-ray beam was generated with a rhodium anode and a 125-um beryllium window, which allows a voltage range of 7–50 kV and a current range of 0–2 mA. Geochemical data were obtained with different settings according to the elements analyzed. They were adjusted at 10 kV and 1 mA for 10 s to detect Si, Ca, Al, Fe, Ti, K, Mn and S. For heavier elements (i.e., Sr, Rb, Zr, Br and Pb), measurements were performed at 30 kV and 9.75 mA for 30 s. XRF data are displayed as element intensities in count per second (cps) (Fig. S3). Because no major element concentration was conducted on core SK06, we rely here on XRF core-scanner data available on core SK07 (unpublished data) in order to calibrate XRF measurements in core SK06. Major element concentrations on core SK07 were previously measured on 1.5-cm thick discrete samples using XRF at the University Lyon1. The sampling was conducted at a step of about 3–5 cm to allow for one calibration measurement every 3–5 core scanner measurement in core SK07. 3.4. Hyperspectral imaging Hyperspectral imaging is a visible and near infra-red spectroscopic method measuring the reflectance of the sediment surface exposed to an incident light, and thus the sediment composition (Barranco et al., 1989; Balsam and Deaton, 1996; Balsam et al., 1997).

time and allows for high spatial resolution (several dozens of μm ; Jacq et al., 2020). The

Prior to analysis, the thin, superficial layer was scraped from the sediment to ensure a uniform

surface. Reflectance spectroscopy was performed on a core logger bench equipped with two

hyperspectral cameras (VNIR-PFD and SWIR, SPECIM®), which offers a short sampling

distance between the studied sample/core and the camera lens was 130 mm, with an acquisition angle of 90°. The surface of the sediment is indirectly illuminated by 18 halogen bulbs homogeneously distributed around the lens. The acquisition speed of the core logger was 0.5 mm.s⁻¹. Pixels in the resulting Visible and Near Infrared (VNIR) image each cover an area of 47×47 μm² and contain raw spectral data from 400 to 1000 nm at 6.5 nm spectral resolution (given in digit number, DN), whereas the Short Wave-Infrared (SWIR) image pixels have a resolution of 150×150 μm² and cover a spectral range from 1000 nm to 2500 nm at 10 nm spectral resolution. Therefore, each pixel contains spectral information related to sediment composition. The depth of field of the imagers is ca. 2 mm. A normalization step is required to convert raw data (8 bits) to % reflectance. At each acquisition, a 100% reflective SPECTRALON standard was measured and used as a reference to express the data as % reflectance. Data processing was carried out with the ENVI (v. 5.3) and IDL 8.0 softwares. Pigment composition and concentrations were inferred from area indices (Fig. 3), which directly measure the surface area (here referred to as relative absorption band area or RABA; Trachsel et al., 2010) between the continuum and the reflectance spectrum at the absorption band targeted (for instance for the chlorophyll-a and its derivatives at 670 nm). The sum of the reflectance bands located throughout the absorption band is subtracted from the area under a line connecting the beginning and the end of the depression formed by the absorption band. In this study, area indices are followed by wavelengths indicating the width of the absorption band considered (e.g. RABA630-700). The main absorptions are determined by continuum removal, which also allows estimating the most interesting wavelength interval. In this study, we have defined four of them centered on 670 nm, 615 nm, 844 nm and 1670 nm (Fig. 3).

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3.5. Coprophilous fungal spore analysis

Catchment erosion processes in high-altitude landscapes may be re-shaped by livestock grazing related to pastoral activity (Giguet-Covex et al., 2011). The variability of grazing pressure and associated soil erosion in a catchment area can be reconstructed from the sedimentary abundance of coprophilous fungal ascospores in lake sediments, as a proxy for the density of wild and domestic herbivores (Davies and Schaefer, 2006; Gauthier et al., 2010; Etienne et al., 2013). Son Kol catchment is still an area of transhumance today; therefore, domestic herbivores are assumed to be the primary source of coprophilous fungal spores in lake sediments, and wild herbivores are regarded to be a trivial source. To evaluate the impact of grazing activity on soil erosion in the catchment, abundances of coprophilous fungi ascospores were measured in 37 samples of core SK06 (for the last 6000 years). The resolution is approximately 100 years from 6000 to 5000 cal. yr BP, and about 250 years from 5000 to 1500 cal. yr BP. Samples were chemically prepared according to the procedure of Faegri and Iversen (1989). Lycopodium clavatum tablets (averaging 20,848 spores per tablet) were added to each sample (Stockmarr, 1971) to express the results as influx or accumulation rates (number.cm⁻².yr⁻¹). Coprophilous ascospores were identified and counted using a photonic microscope following pictures and descriptions in van Geel and Andersen (1988), van Geel et al. (2003), Van Geel and Aptroot, 2006, Feeser and O'Connell (2009), Cugny et al. (2010) and Gelorini et al. (2012). Total coprophilous fungi sensu stricto include Delitschia (UG-1066), Neurospora sp. (HdV-1), Podospora-type (HdV-368), Sordaria-type (HdV-55A), Sporormiella (HdV-113), and Trichodelitschia (HdV-546).

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3.6. Data analysis

Linear dimension reduction was performed by applying a correlation matrix-based principal component analysis (PCA) using the PAST v. 4.02 software (Hammer et al., 2001). The PCA was supplied with XRF (major elements) and hyperspectral data from core SK06 (Fig. 4).

Due to very high levels of non-normality and heteroscedasticity of the original descriptors, data were first log-transformed and then separately centered on a per-sample basis in order to remove overall-count effects and to focus on relative variations among samples. Also using the PAST software, time series corresponding to the resulting PC1 and PC2 were further investigated using Gallagher et al.'s (2011) Bayesian "changepoint modeling" algorithm for identifying abrupt regime shifts in time series, often referred as tipping points in geosystems (Lenton et al., 2008; Lenton, 2011; Scheffer et al., 2012). Number of MCMC iterations required by Gallagher et al.'s method was set to 1,000,000 with a burn-in phase of 20,000 iterations; up to 300 changepoints were allowed a priori in order to generate fully-unconstrained changepoint models, resulting in an average number of changepoints of 74 and 61 for the PC1 and PC2 time series, respectively.

4. Results and interpretation

4.1. Sedimentology

Sediments mostly consist of alternating yellowish and light-brownish calcareous muds in the upper 1.22 m of core SK06, whereas dark organic-rich muds alternating with yellow-brown calcareous muds and white carbonate layers predominate between 1.22 and 1.91 m (Fig. 2). The transition between the basal organic-rich sediments and the upper 1.22 m alternating calcareous muds is characterized by homogeneous greyish calcareous clays between 0.94 and 1.22 m. Apart from this transition, the sediments are finely laminated in core SK06, and especially in dark organic sediments. XRF core scanning data allows deciphering the distinct geochemical composition of the three main lithologies (Fig. S3). Dark organic sediments are typified by their high abundances in Br and S (Figs. S3 and 5), whereas the intervening carbonate layers exhibit an enrichment in Ca and Sr (Fig. S3). In contrast, the transition interval (greyish homogenous clays) is best described by high abundances of Ti, Rb, Zr, Fe

and Si, emphasizing their high mineral content. The upper alternations between yellowish and light-brownish sediments are characterized by a mixed geochemical composition and exhibit fluctuating values of Ti, Rb and Zr, but also highly variable abundances of Ca and Sr (Fig. S3).

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4.2. VNIR-SWIR proxy data Chlorophyll a (Chl a) and its derivative products (Rein and Sirocko, 2002; Das et al., 2005; Wolfe et al., 2006; Michelutti et al., 2010) was measured as the area index between 630 and 700 nm (RABA630–700) normalized by the absorption maximum at 670 nm (R₆₇₀) (Fig. 3) as defined by Wolfe et al. (2006). Although Chl b may contribute in the absorption range between 630 and 700 nm (i.e., at 652 nm, Bidigare et al., 1990; Yacobi et al., 2015), it is not observed in our spectral data (Fig. 3). We therefore assume that the measured absorption peak of particles at 670 nm almost exclusively represents the optical activity of Chl a, apart from the slight interference by the accessory chlorophylls Chl b and Chl c. Phycocyanin is a water-soluble accessory pigment to chlorophyll exhibiting a notable absorbance trough around 610-620 nm for C-phycocyanin (Glazer et al., 1973; Yacobi et al., 2015). For this study, we propose to screen the phycocyanin content by measuring the area index between 600 and 630 nm (RABA600–630) normalized by the absorption peak at 615 nm (R₆₁₅) as described by Yacobi et al. (2015) (Fig. 3). It must be recalled, however, that the absorption of Chl a and accessory chlorophylls Chl b and Chl c partly overlap the range of optical activity of phycocyanins, although weakly (Yacobi et al., 2015). However, the RABA630-700 and RABA600-630 curves exhibit different patterns (Fig. 5), implying that a genuine signal does exist apart from the Chl a plus derivatives. This also suggests that phycocyanin predominates in some intervals where Chl a plus derivatives do not (Fig. 5), thus allowing their respective trends to be distinguished and analyzed separately in core SK06.

Phycocyanins are common in cyanobacteria (Williams et al., 1980), and their concentration in shallow lacustrine systems is used to estimate the presence and relative abundance of cyanobacteria (Horváth et al., 2013). Phycocyanin has been reported in lacustrine sediments of Lake Qinghai, Central China (Ji et al., 2009) and used to indicate cyanobacterial blooms in the Baltic Sea (Woźniak et al., 2016). Chl a plus derivatives and phycocyanin contents are thus interpreted here as a proxy for oxygenic phototrophs, which usually indicate aerobic conditions. Total Bacteriopheophytin a (Bphe a) is a stable degradation product of Bacteriochlorophyll a or Bchl a with a characteristic spectral absorbance in the infrared range around 750–770 nm in ethanol extracts (Coolen and Overmann, 1998; Rogozin et al., 2012) and 800–900 nm in sediments (Scheer, 2006; Ji et al., 2009; Blankenship, 2013). Bphe a was determined from the area index between 750 and 900 nm (RABA750-900) normalized by the absorption maximum at 844 nm (R_{844}) as defined by Butz et al. (2015) (Fig. 3). Because no other known bacterial pigment absorbs at this wavelength, the relative abundance of Bchl a (and its derivative by-products Bphe a) can be evaluated by measuring the Bphe a absorption trough between 750 and 900 nm normalized by the absorption peak at R₈₄₄. Although Bacteriopheophytin b (Bphe b) may also contribute at 820 nm (Oren, 2011), no absorption peak is observed at that wavelength in our data (Fig. 3). We therefore assume that the measured absorption peak of particles at 844 nm represents exclusively the optical activity of Bphe a. Bphe a is produced by planktonic anoxygenic phototrophic bacteria (APBs) such as purple sulphur bacteria (Chromatiales, Rhodospirillales; Schmidt et al., 2002; Rogozin et al., 2012) which commonly live in the chemocline of stratified meromictic lakes, where reduced sulphur species are very abundant and oxygen levels are low, if sufficient light is available for photosynthesis (Butz et al., 2016). Hence Bphe a is a diagnostic pigment for photosynthesis in anaerobic conditions and the presence of that pigment in the sediment may help infer longterm lake stratification, and the presence of a chemocline (Fig. 5). Aromatic organic matter

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content (ARO) has a characteristic absorption near 1670 nm (Wheeler, 1959) and it seems that no other compound absorbs at this wavelength, so we assume that an index in this spectral range can infer this property (Fig. 5). Nevertheless, we are aware that SWIR measurements may be influenced by sediment moistness and grain size, for which no known correction can be applied yet. For this study we propose the area index between 1660 and 1690 nm (RABA1660–1690), normalized by the absorption maximum at 1670 nm (R₁₆₇₀). ARO values are interpreted as a proxy for tracking the inputs of terrestrial organic matter from the shore (e.g., soils) and related catchment, with high (low) ARO corresponding to increased (decreased) inputs of detrital organic matter.

4.3. PCA analysis

XRF and hyperspectral (VNIR, SWIR) data, with a temporal resolution ranging between 3 yr.mm⁻¹ and 7–8 yr.mm⁻¹, were jointly analyzed by PCA in order to characterize sediment end-members and detect abrupt shifts in the multivariate time series (Fig. 4a). The XRF corescanner of Ca, Fe and Ti was previously calibrated using XRF conducted on discrete samples in core SK07 (28 samples), exhibiting an excellent match between the two methods (Fig. 4b). PC1, PC2 and PC3 together explain about half of the total variance (Figs. 4a and S4), allowing for the identification of different end-members in the lake system: (i) high Ti, Rb, Fe and RABA1660–1690 values for PC1 > 0 (which are related to organic and minerogenic inputs from the catchment), while Sr, Ca (which indicate endogenic carbonate precipitation) and to a lesser extent Zr (coarse detrital input) drive PC1 < 0, making PC1 a proxy for allochthonous vs autochthonous products in the lake system; (ii) high Mn, RABA600–630 and RABA630–700 values for PC2 > 0 (which are related to oxic conditions in the water column) vs. high Br, S (and to a lesser extent Zr) and RABA750–900 values (which are linked to organic matter content and infer reducing and sulphidic conditions in bottom waters)

for PC2 < 0, making PC2 a proxy for oxygenated vs. euxinic bottom water conditions in Lake Son Kol. Based on this result, prominent environmental change occurred around 8400, 8200– 7800, 7700–7500, 7300–7000, 6500–6100, 6000–5700 and 5500–5250 cal. yr BP (Fig. S5), when increased influx of detritus (PC1 > 0) is in close correspondence with the development of euxinic conditions in the hypolimnion (and thus of a chemocline; PC2 < 0). The Si content appears to slightly differ from other terrigenous (river-borne) elements (PC1 and also PC3 [14.4%], whose palaeoenvironmental signature is more difficult to interpret and is not discussed here) (Fig. S4). Si-value is high in the silt fraction and is, in addition to its weak riverine contribution, mostly linked with aeolian inputs into the lake (Huang et al., 2014). Judging from the lack of any conspicuous link to the other elements (Fig. 4a) and given the biochemical reactivity of this element, Mn is used to decipher bottom-water redox processes, as already reported in other lacustrine settings (Wirth et al., 2013; Davies et al., 2015). 4.4. Time series of hyperspectral and geochemical data Between 8500 and 7000 cal. yr BP (191–164 cm), phycocyanin (from cyanobacteria) has the highest abundances downcore, probably related to the development of benthic cyanobacterial mats in a shallow water body (Fig. 5). Chl a plus derivatives and Bphe a also oscillate at very high frequency. Bphe a and ARO maxima occur repeatedly around 8500, 8400, 8200–7800, 7700–7500 and 7300–7000 cal. yr BP, corresponding to dark organic-rich sediments along with high Br and S content. No match was found, however, between phycocyanin and Chl a. Subsequently, Chl a plus derivatives and phycocyanin exhibit a pronounced decline between 7000 and 6500 cal. yr BP. Phycocyanin abundances drop from 7000 cal. yr BP onwards and never recover to former levels. Bphe a and ARO values also exhibit a drastic decrease in this

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time interval, as also do Br and S content.

From 6500–5250 cal. yr BP, Chl *a* plus derivatives values increase and reach their highest abundances downcore, with however considerable fluctuations. Bphe *a* content recovers to high levels and even dominates between 5750 and 5250 cal. yr BP, but dramatically decreases and readily disappears from 5250 cal. yr BP onwards (Fig. 5). Coevally, Br, S and ARO values are also high between 5750 and 5250 cal. yr BP (corresponding to the deposition of dark organic sediments), but rapidly drop after 5250 cal. yr BP. Chl *a* plus derivatives and phycocyanin exhibit a prominent decline in their abundances between 5000 and 3850 cal. yr BP. Judging from XRF core-scanner data, enhanced detrital inputs occurred in this interval (Fig. S3). Subsequently, Chl *a* plus derivatives and phycocyanin increase from 3850–3100 cal. yr BP, whereas Bphe *a* still oscillates at very low levels. Higher Br, along with enhanced ARO, also parallels the occurrence of dark organic-rich sediments in this interval. Over the course of the last 3000 years, oxygenic phototrophs fluctuate at lower levels, whereas Bphe *a*, Br and ARO remain low (Fig. 5).

4.5. Abrupt regime shifts

Abrupt regime shifts were identified based on slope variations of the average changepoint model calculated separately for PC1 and PC2. For each principal component, average changepoint model's slope (absolute value) is plotted against time, with 99% and 95% percentiles taken as cut-off values (Figs. 6 and 7). Time intervals with average changepoint model's slope values above these cut-offs indicate abrupt changes in the time series, and can therefore be regarded as tipping points. For PC1, tipping points are recognized as 10–20 yr intervals (beyond the 99% percentile value) at ca. 3670, 5050–5080 (highest slope value), 5250, 5370, 5850, 6150, 6220, 6900, 7030, 7980, 8230, 8280 and 8340 cal. yr BP (Fig. 6). For PC2, tipping points are similarly identified as 10–20 yr intervals (beyond the 99% percentile value) around 5250 (highest slope value), 5950, 6040, 6230, 6280, 6380, 6670,

6700, 6900, 7060, 7750, 7800, 8320 and 8380 cal. yr BP (Fig. 7). Hence the time intervals around 5050–5250, 6220–6240 and 8200–8400 cal. yr BP are detected for both PC1 and PC2, and probably correspond to abrupt regime shifts in the lacustrine system. Interestingly, low PC2 values match with a strong peak of magnetic susceptibility (Figs. S1 and S5) around 8200–8400 cal. yr BP, suggesting the occurrence of abrupt changes in the lake and surrounding catchment that are tied with the 8200 cal. yr BP cold event widely recognized in the Northern Hemisphere (Alley et al., 1997; Rohling and Pälike, 2005).

5. Discussion

Between ca. 8500 and 5250 cal. yr BP anaerobic conditions (and the penetration of light deep in the lake to support photosynthesis for APB) are inferred from high Bphe *a* and Br (PC2 < 0), along with the occurrence of dark organic layers (Fig. 5). Coevally, high ARO and minerogenics content (PC1 > 0) suggest enhanced inputs of detrital organic matter and a link between terrestrial influx, sedimentary dynamics and the advent of hypolimnetic anoxia in the earlier part of the record. After 5250 cal. yr BP, the near absence of Bphe *a*, lower ARO values but persistently high abundances of oxygenic phototrophs suggest prolonged aerobic conditions within a well-mixed water body (Fig. 5).

5.1 Episodes of increased snowmelt and indicators of lake-level changes

Grain size and geochemical/isotopic (TC, TN, TOC, C/N, $\delta^{13}C_{org}$ and $\delta^{18}O$) data can be useful in supporting interpretations from hyperspectral and XRF data. Here we compare previously unpublished and available data from SK07 (Huang et al., 2014) to help interpret the 8500–5000 cal. yr BP time interval during which dark organic intervals are recurrently interbedded with yellow-brown calcareous muds (Fig. 7). Altogether, these parameters help to distinguish

changes in onshore and in-lake environmental conditions such as sheet-wash from the shore, productivity and nutrient availability, and the possible mechanisms at work. Generally, the timing of changes in geochemical and isotopic proxies in core SK07 agree with those of XRF and hyperspectral data from core SK06 (Fig. 8). Dark organic intervals with Br and ARO in core SK06 have elevated TOC, TC, TN and C/N values but strongly depleted $\delta^{13}C_{org}$ and $\delta^{18}O$ values in core SK07. Such prominent $\delta^{13}C_{org}$ depletions might indicate the predominance of APB during phases of lake stratification because pronounced carbon isotope fractionation towards lighter δ^{13} C has been associated with purple sulphur bacteria in meromictic lakes (Zyakun et al., 2009). Alternatively, short-lasting depletions in δ^{18} O can indicate seasonal shifts in the hydrological regime; i.e., increased winter precipitation and/or increased meltwater discharges linked to erosive runoff during spring snow thaw, but also increased temperatures (Huang et al., 2014; Lauterbach et al., 2014) that would have fueled meltwater runoff. The dark organic-rich and δ^{18} O-depleted intervals co-occur with coarser (e.g., silt- and sand-sized) minerogenic and organic (e.g. phytoclasts) inputs into the lake (Figs. 8 and S6), whereas the intervening yellow-brown calcareous muds are enriched in finer (clay-sized) detritus with low sand content (Fig. 8). Erosive runoff after thawing during spring (Huang et al., 2014), and/or higher winter snowfall (Lauterbach et al., 2014), can account for coarse detritus discharge into the lake. Interestingly, the PCA analysis reveals that higher detrital inputs (PC1 > 0) are not associated with elevated Zr content in core SK06 (Fig. 4); instead, dark organic layers exhibit low Zr content (Figs. 8 and S3). Zr is usually more concentrated in sand-size lacustrine sediments (e.g., Cuven et al., 2010; Davies et al., 2015) and so, this Zr depletion in a few coarse dark organic intervals is puzzling, since otherwise all detritics (Ti, Rb and Zr) exhibit similar trends in the intervening yellow-brown calcareous muds (Fig. S3). Therefore, enhanced levels of Ti and Rb along with lower Zr (thus PC1 > 0) in the Br-enriched (PC2 < 0) dark organic layers either suggest the dilution of Zr input by Ti-

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and Rb-laden terrestrial organic matter delivered during snow thaw (as inferred from high ARO values), and/or the dilution of Zr (associated with the coarse detrital fraction) during relatively high lake water level phases. Zr mainly originates from erosion processes in the upper catchment of Lake Son Kol because Zr is abundant in local Paleozoic intrusives (granites and granodiorites), but these tend to be covered by Quaternary sediments and soils (colluvial and glacifluvium deposits) on the shoreline belt and further up-valley. Although Zr is linked to Br and S on PC2, Zr is also significantly associated with elevated Sr and Ca (PC1 < 0; Fig. 4), suggesting that Zr is enhanced during low lake water levels, which promotes endogenic carbonate precipitation (Huang et al., 2014). Hence higher Zr infers the increasing influence of riverine discharges at relatively low lake levels and the reduced distance between the coring site and proximal detrital sources. Dilution of Zr most probably occurs during short-lived increases in lake levels, which in turn enhance the formation of organic-rich deposits in Lake Son Kol when elevated terrestrial inputs from snowmelt strengthened the export of dissolved organic matter into the lake. The most probable sources of material during snowmelt discharges (e.g., floods) are the abundant fan delta/fluvial material at the southern edge of the lake, and/or superficial sediments on the slopes (e.g., colluvium) directly adjacent to Lake Son Kol. In contrast, higher Ti, Rb and Zr occur coevally during lower lake level phases, which correspond to the deposition of grey calcareous muds enriched in fine siliciclastics (Fig. S3). Hence higher Zr, Sr and Ca values indicate lower lake water levels and coincide with the deposition of yellow-brown calcareous muds. In contrast, dark organic deposits enriched in Br, S, C/N and TOC are associated with the injection of large volumes of sediment-laden sheet-wash from the shores (high ARO values) during intensified winter precipitation and/or stronger snowmelt (Huang et al., 2014; Lauterbach et al., 2014), which are likely to occur under warmer climate conditions.

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5.2. Redox conditions and oxygenation of the hypolimnion

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The geochemical behavior of Mn-enriched phases can be used to infer past redox conditions and thus help diagnose oxic and sulphidic redox regimes in the water column (Fig. 9), as reported from Lake Cadagno (Wirth et al., 2013). Based on elevated Mn content, oxic conditions (PC2 > 0) prevailed around 8300–8200, 7400–7250, 5500–5400 and in particular between 5000 and 3800 cal. yr BP in Son Kol when Mn was flushed to the lake with detrital input, and probably occurred in the water column as dissolved unstable Mn²⁺ or as oxidized, particulate Mn-(oxyhydr)oxides. However, no Mn-(oxyhydr)oxides were found in SK06, possibly due to a reduction of Mn²⁺ (leading to a further recycling of Mn into the water column) if the sediment-interface and/or the sediments were reducing. Oxic water column conditions were accompanied by the precipitation of various carbonate minerals judging from the regular occurrences of carbonate layers (Pacton et al., 2015), as well as high XRF-Ca content in the yellow-brown calcareous muds separating dark organic-rich sediments, thus reflecting the high alkalinity of lake waters during those time intervals. The regular occurrence of sediment-dwelling ostracods and molluscs (which require well-oxygenated bottom waters) further supports that a well-mixed (polymictic) water body, with oxic bottom waters, has been established during the last 5000 years (Huang et al., 2014), in accordance with recent monitoring data (Lauterbach et al., 2014). In contrast, there is compelling evidence that the hypolimnion recurrently turned to a sulphidic (euxinic) redox regime between 8500 and 5250 cal. yr BP, involving a stabilization of the water-column stratification and the full development of a chemocline. Low sedimentary Mn concentrations (Fig. 9), the absence of carbonate phases and the drastic increases in Br and S content (PC2 < 0) characterize several phases of euxinic bottom waters between 8500 and 5250 cal. yr BP. Coevally, high Bphe a values (inferring that purple sulphur bacteria thrived in the water column), and the rising TOC content in dark organic-rich sediments (Fig.

8), are good indicators of reducing bottom water conditions. Although such a hypothesis was ruled out by Lauterbach et al. (2014) based on the absence of varves and/or vivianite crystals (the latter indicating anoxic conditions in a non-suphidic environment during sediment deposition, which is obviously not the case here) in dark organic-rich sediments, several lines of evidence advocate for the recurrence of hypolimnetic euxinia (and thus the development of a chemocline) in Lake Son Kol before 5250 cal. yr BP. Prolonged lake stratification and reducing oxygen conditions around 8500, 8400, 8200–7800, 7700–7500, 7300–7000, 6500–6100, 6000–5700 and 5500–5250 cal. yr BP (Fig. 9) are inferred from (1) high TOC contents (up to 16%) in dark organic-rich layers (Fig. 8) that imply both reducing bottom water conditions which prevents organic matter degradation and especially of photosynthetic pigments (Figs. 7 and 9); (2) the unusual preservation of numerous colonies of coccoid prokaryotes altogether with the preserved intracellular content of cyanobacteria that requires anoxic conditions (Pacton et al., 2015) and in particular, (3) the regular occurrence of Bphe *a* pigments that indicate photosynthesis in anaerobic conditions and thus hypolimnetic anoxia between 8500 and 5250 cal. yr BP.

5.3. Origin and driving mechanisms of detrital-rich organic layers in Lake Son Kol
As developed previously, the onset of euxinic bottom water conditions in Lake Son Kol
between 8500 and 5250 cal. yr BP most likely occurred under warmer climate conditions that
fostered meltwater runoff. Climate warming possibly fostered permafrost melting, which
activated the subaquatic springs that in turn fed the lake with solute-rich waters. Such
conditions are highly favorable for the sustainment of stable lake stratification and the
development of a chemocline, as observed in other high-altitude lake settings (Wirth et al.,
2013). However, this seems to be inconsistent with the regular occurrence of coarse material
in dark organic-rich sediments, which implies the transport of organic and minerogenic

detritus over long distances in Lake Son Kol. In meromictic lakes, the deposition of coarse detritics in a coring site today located more than 3 km from the shore could be attributed to hyperpycnal or mesopycnal currents (Mulder and Chapron, 2011), depending on the density contrast between inflowing and lake waters. Hypopycnal flows are not considered here because hypopycnal flows in lakes generally supply small quantities of sediments and would require further reconcentration processes in the lake (over a 3-km distance in the case of Lake Son Kol). Aeolian deposition of coarse-grained detritics (including large phytoclasts, Fig. S6) is unlikely as we would expect much finer grain sizes in the case of loess deposits (i.e., silts) (Huang et al., 2014), and loess deposits are generally restricted to lower altitudes in the piedmont of the Tian Shan Mountains (Machalett et al., 2006; Lauterbach et al., 2014). Finally, increased coastal wave erosion driven by winds can be rejected as well because higher wave activity would also have broken down the chemocline. Moreover, hyperpycnal deposits are often typified by sharp-based lag rich in organic debris (Mulder and Chapron, 2011), which is never encountered in core SK06 where coarse detritics are rather homogenously distributed in the organic-rich layers (apart from the occurrence of a few normal graded beds; Fig. S6). Hence, the most reasonable candidates for the deposition of coarse minerogenic and organic detritus at the coring site are homopycnal or mesopycnal flows. Homopycnal flows result from a small density contrast between the entering flow and the surrounding water (Bates, 1953) and can export suspended sediment load either in stratified of non-stratified lake basins (Mulder and Chapron, 2011). Alternatively, mesopycnal flows are partially buoyant mesopycnal flows (interflows) of turbid plumes forming along each pycnocline (that separates each water mass) (Van Rensbergen et al., 1998, 1999; Schröder et al., 1998; Chapron et al., 2004, 2005; Støren et al., 2010; Mulder and Chapron, 2011).

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Formation of mesopycnal currents is promoted when the inflowing waters enter more saline lake waters, as occurred between (at least) 6000 and 5000 cal. yr BP when higher conductivities (very low lake levels) were inferred in Lake Son Kol (Schwarz et al., 2017). Modern conductivity of Lake Son Kol (515–530 mS.cm⁻¹) is about twice that of meromictic Lake Bourget in France (300–350 mS.cm⁻¹). Therefore, mesopycnal (or homopycnal) flow deposits occurred during periods of strong snowmelt (and/or increased temperatures), indicated by the strong depletion of δ^{18} O in dark organic layers (Fig. 8), thus implying the remobilization of sediments from the lake catchment whenever sufficient stream discharge occurred to form a turbid plume. Two main factors control floods triggered by snowmelt: the snowmelt potential and the actual melting. Snowmelt depends on the amount of seasonal solid winter precipitation (e.g., snow) in the catchment while the intensity of melting is mostly controlled by spring/summer temperature (Støren et al., 2010). During the warm Mid-Holocene in Central Asia (Chen et al., 2008), periods of higher solid winter precipitation coupled with relatively cool springs and warm summers may have favored increased availability of snow when early summer temperatures started to rise in the mountains, intensifying spring melt floods and the amount of terrestrial material washed into the lake. Convective summer rainstorms during warm summers could also lead to lower lake water δ¹⁸O values during the Holocene thermal maximum. Intensive rainstorms in the summer would increase hillslope erosion and stream discharge at a time when the lake was probably more saline, stratified and shallow due to more intensive evaporation. Increased intensities of rainstorms and snowmelt are therefore both possible drivers of mesopycnal or homopycnal flows (and coarse sediment deposition) in Lake Son Kol. Alternatively, hypolimnetic anoxia could have developed seasonally, by occurring under ice during the winter when organic matter decomposes (if there is a limited snow cover that enables photosynthesis) and breaking down towards the end of summer. However, this hypothesis is unlikely as (1) very few graded

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beds related to ice melt are observed (i.e., resulting from the settling of fine-grained aeolian particles deposited on ice to the lake bottom), (2) the regular occurrence of large phytoclasts in dark organic layers with coarse minerogenic detritus (Fig. S6) implies a soil erosion from the catchment, and thus is not compatible with aeolian depositional processes and, (3) Bphe *a* data exhibit multi-annual periods of stratification (i.e., meromixis), rather than a seasonal signal (Fig. 10).

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5.4. Holocene chemocline development

The prominent changes in oxygenation conditions in the lake water column led to distinctive changes in Lake Son Kol autotrophs (Figs. 9 and 10). Bphe a is produced by anoxygenic phototrophic bacteria (APBs) which commonly live in the chemocline (oxic/anoxic transition) of meromictic lakes (Overmann et al., 1991; Rogozin et al., 2012; Blankenship, 2013; Butz et al., 2016). APBs require nutrients, sulphides and light to flourish, as provided by stable chemocline (Parkin and Brock, 1980; Van Gemerden and Mas, 1995, Hodgson et al., 1998; Madigan, 2003), and thus APBs may form dense populations in meromictic lakes (Van Gemerden and Mas, 1995; McGowan et al, 2008). Such conditions usually develop when lakes permanently stratify, but oxygen drawdown could also develop under ice with respiration of organic matter, potentially leading to anoxic conditions during certain times of the year when light is available and APB could flourish. Since dark organic-rich sediments represent more than a single year in duration (Figs. 5 and 9), Bphe a suggest that the stability of stratification increased and that there may have been periods of prolonged hypolimnetic anoxia in Lake Kol during the Mid-Holocene. Recurring Bphe a, Br, S and ARO positive anomalies (i.e., PC2 < 0) at 8500, 8400, 8200–7800, 7700–7500, 7300–7000, 6500–6100, 6000–5700 and 5500–5250 cal. yr BP thus imply periods characterized by the development of a chemocline, which are tied to increased terrestrial inputs into the lake (PC1 > 0) (Fig. 9). A

very similar assemblage of spectral signatures (i.e., Bphe a and phycocyanin) was reported from Lake Qinghai (China), where higher Bphe a concentrations are tied to elevated freshwater inputs and increased warmth between ca. 8200 and 5500 cal. yr BP (Ji et al., 2009) (Fig. 10). This also coincides well with higher (alkenone-inferred) summer temperatures in Lake Balikun and Lake Qinghai at 8500–5000 cal. yr BP (Hou et al., 2016; Zhai et al., 2017). Warmer summers in Lake Jaczno (Poland) were also linked to the onset of lake meromixis (Butz et al., 2016). Besides, vegetation expansion in lake catchments during warm periods (and more specifically the expansion of broad-leaved trees, such as birch) is known to increase dissolved organic matter (DOM) fluxes to lakes and decrease UV light penetration (Sommaruga and Psenner, 1997; Schmidt et al., 2002). At Lake Son Kol, the presence of trees in the catchment and around the lake probably influenced lake trophic status and mixing conditions by (1) stimulating pedogenesis, which fueled oxygen consumption rates into the water body due to enhanced organic compounds exported to the lake and (2) sheltering the lake surface from wind-induced mixing (i.e., reduced wind exposure) thus favoring a prolonged time of stratification. Interestingly, the initiation of euxinic conditions in the hypolimnion (coeval to the deposition of dark organic-rich layers) followed the mass expansion of birch and arboreal taxa in the catchment between 8500 and 5000 cal. yr BP (Fig. 10), which enhanced terrestrial inputs of DOM and thus organic matter decomposition in the lake. Therefore pollen, geochemical and sedimentological proxies all suggest that hypolimnetic euxinia developed during warmer summers, and probably milder winters/springs. As proposed by Mathis et al. (2014), centennial-scale episodes of weakened seasonality indeed occurred between 8500 and 5000 cal. yr BP, alongside increased winter temperatures and warm summers hence promoting a longer growing season for the trees. Our findings also agree with other speleothem records from Central Asia which indicate increased moisture transport by the Westerlies, and higher winter/spring precipitation in the early part of

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the Holocene (Fig. 10; Chen et al., 2016; Cai et al., 2017; Liu et al., 2019). In contrast, the breakdown of lake stratification at 7500–7300 and 7000–6500 cal. yr BP probably coincides with cooler climate conditions (and longer and thicker ice cover) linked to the strengthening and southward position of the Siberian High in arid Central Asia. Increased influence of the Siberian High would weaken the mid-latitude Westerlies and/or push their tracks further to the south, resulting in comparably drier conditions in the Tian Shan (Aichner et al., 2015; Wolff et al., 2017).

Enhanced nutrient concentrations (linked with higher soil development DOM supply to the lake) are associated with a decrease in lake water transparency between 8500 and 7000 cal. yr BP, judging from unstable values of oxygen phototrophs (Fig. 9). At roughly the same time, phycocyanin abundances rapidly oscillate at high levels, suggesting that cyanobacteria predominated over Chl *a* and derivatives. A similar pattern was reported from shallow lakes in southern Sweden (Randsalu-Wendrup et al., 2014) and northern Germany (Dressler et al., 2007). Therefore, cyanobacteria, which have the ability to sustain relatively high growth rates at low light intensities (Mur et al., 1999), likely overtook oxygen phototrophs between 8500 and 7000 cal. yr BP, concurrently with the occurrence of APB blooms at the chemocline (Fig. 9). Before 5000 cal. yr BP, Lake Son Kol was a shallow and closed lacustrine system (Fig. 9; Schwarz et al., 2017) and it is likely that a substantial proportion of the oxygen phototrophs could derive from benthic algae (e.g., benthic diatoms and cyanobacteria). This also agrees well with the occurrence of biofilms and/or microbial mat structures between 8500 and 5000 cal. yr BP (Pacton et al., 2015).

A major and abrupt change in lake regime is recorded around 5250 cal. yr BP in Lake Son Kol, with a drastic decline of Bphe *a* concentrations that occurred within a decade or so (Figs.

9, 10). The abrupt decline in APB pigments indicates a rapid collapse of stratified conditions and the breakdown of anoxic conditions in the hypolimnion after 5250 cal. yr BP, although high Br and S are still recorded until ca. 5050 cal. yr BP. Because this event tipped the system over a threshold (as observed in both PC1 and PC2 average model slopes; Figs. 6 and 7) into another stable state from which former trophic and mixing conditions never recovered, we consider this time interval as a tipping point in Lake Son Kol. A similar abrupt ecosystem threshold was reported at 4900 cal. yr BP based on chironomid remains, and attributed to the increased influence of the Westerlies causing enhanced precipitation and higher windiness at Lake Son Kol (Schwarz et al., 2017; Laug et al., 2020). Drastic environmental change in the lake may also be triggered by land-use processes in the catchment, which are mainly driven by changes in grazing pressure at high altitudes. Abundance of coprophilous fungal ascospores is assumed to reflect changes in grazing activity (Gauthier et al., 2010; Etienne et al., 2013). Influxes of coprophilous fungi sensu stricto fluctuated between 0 and 10 spores.cm⁻².yr⁻¹ between 6000 and 4000 cal. yr BP and during the last 2500 years (Fig. 10), suggesting the predominance of wild animals in the Lake Son Kol catchment. Nevertheless the presence of domestic herbivores cannot be excluded during 6000–4000 cal. yr BP, which would match the occurrence of human fecal biomarkers in Lake Chatyr Kol sediments around 6000–5000 cal. yr BP (Schroeter et al., 2020). The imprint of domesticated livestock and human occupation was likely highest around 3700 and 2500 cal. yr BP, where influxes reached their maxima. Interestingly, influx values were generally stable during the period 5500–5000 cal. yr BP, when an abrupt ecosystem shift occurred in Lake Son Kol (Figs. 9, 10), thus implying that pastoralism apparently did not have a significant impact in the catchment and that climate is the main driver of the abrupt regime shift identified around 5250 cal. yr BP.

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After 5050 cal. yr BP, the lake became persistently well-mixed and the chemocline no longer existed in the lake water column, as indicated by pervasive PC2 > 0 values (Fig. 9) and elevated Mn content between 5000 and 3850 cal. yr BP that argue for oxic conditions in the lake. Surprisingly, the advent of well-mixed conditions is closely related to a strong decline of oxygen phototrophs (including cyanobacteria) between 5050 and 3850 cal. yr BP, with strong negative anomalies around 4400–3800 cal. yr BP, coeval to high Mn anomalies (Fig. 9). Because this phase corresponds to a noticeable decline in summer humidity and low lake levels (PC1 < 0; Fig. 9), we posit that cooler summer temperatures and longer lasting and thicker snow cover may have prevented the growth of oxygen phototrophs in the water column (as well as the establishment of a stable stratification in summer after ice cover). Alternatively, regular wind-driven lake mixing resulting from strengthened winds during the spring ice break-up season (inducing stronger vertical water circulation) may have caused low pigment deposition and preservation in the sediments (Cuddington and Leavitt, 1999). The disappearance of the chemocline after 5050 cal. yr BP coincides with a decrease in terrestrial DOM inputs into the lake, as catchment vegetation opened up with a decline of birch and other arboreal taxa and a rise in Artemisia (Fig. 10; Mathis et al., 2014), similarly as in Lake Qinghai (Ji et al., 2009). Tree removal around the lake thus probably led to higher wind exposure of the open-water area (due to increased wind fetch), inducing in turn a better mixing of the water column. Lake levels increased around 3700 cal. yr BP, corresponding to another main tipping point based on high PC1 values (Fig. 6), in line with increased planktonic diatom abundances and lower conductivities (Fig. 9; Schwarz et al., 2017). High PC2 (and low Bphe a) values from 3800 cal. yr BP onwards infer that repetitive mixing conditions prevented the establishment of a chemocline by oxygenating the hypolimnion (Butz et al., 2016), which hampers the onset of stable temperature stratification during summer. Such conditions promoted nutrient cycling in the photic zone to support oxygenic

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phototrophs in the epilimnion, which diminished light penetration to the chemocline and led to the destruction of a suitable lake habitat for APB growth. Hence, all proxy data suggest that Lake Son Kol has had persistently high lake levels with well-mixed and oxygenated conditions for the last 5000 years, in accordance with its modern polymictic regime.

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6. Conclusions and perspectives

Ultra-high temporal resolution geochemical and hyperspectral palaeolimnology data can yield a more complete understanding of changing ecological patterns and redox processes in shallow lacustrine systems. As a biomarker of planktonic APB at the chemocline of lakes, the presence/absence and variability of Bphe a in Lake Son Kol sediments provides crucial information about the timing and forcing mechanisms that control the advent and vanishing of lake stratification over the last thousands of years. Increased Bphe a, Br, S abundances along with higher terrestrial inputs from the catchment are recorded at 8500, 8400, 8200–7800, 7700–7500, 7300–7000, 6500–6100, 6000–5700 and 5500–5250 cal. yr BP, and involve recurring episodes of hypolimnetic anoxia and euxinic bottom water conditions coeval to the deposition of dark organic sediments on the lake floor. The presence of a chemocline and the associated deposition of coarse minerogenic detritus transported by concentrated flows appears to be dependent on recurrent seasonal snowmelt episodes, and thus on the quantity of snow and spring/summer temperatures that regulate the potential for meltwater events. Our data thus suggest that low lake levels and warmer climate conditions regularly prevailed during 8500-5250 cal. yr BP, and promoted massive APB blooms in a well-stratified lake system. After 5250 cal. yr BP, Son Kol water level recovered and the lake became persistently well mixed, leading to the disappearance of the chemocline. This abrupt ecosystem shift was associated with cooler conditions and strengthened wind forcing, when the influence of the Westerlies increased from 5250 cal. yr BP onwards. Intensified wind forcing also most

probably coincided with a significant increase of wave activity at the lake shoreline acting as an erosive agent. The imprint of wind forcing on coastal sedimentary dynamics (e.g., littoral sand drift) and geomorphological processes can be observed based on the diagnostic sedimentary features along the northeastern and southeastern shores of the lake, where sand spits, wave-dominated beaches, barrier spits and associated open lagoons have developed, hence suggesting that Lake Son Kol is presently a wind-driven water body (as defined by Nutz et al., 2018). Further studies are required in order to properly date such geomorphological features and assess the relationships between wind forcing, past lake levels and climatic trends during the Mid- to Late Holocene.

Acknowledgments

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Figure captions:

Figure 1: Location of Lake Son Kol: (a) global map with focus on western central Asia; (b) central Tian Shan including south Kazakhstan and Lake Balkash (image courtesy of NASA GSFC); and (c) bathymetric map of the lake, with isobaths given in meters below lake level (modified after Academy of Science of the Kyrgyz SSR, 1987). Orange points refer to sediment core SK06, while the two yellow and the white points indicate cores SK07 and SK04 (Mathis et al., 2014; Huang et al., 2014; Pacton et al., 2015) and SONK_11_D1/2

823 (Lauterbach et al., 2014), respectively. 824 825 Figure 2: (a) Detailed stratigraphic correlation between cores SK06 (this study) and cores 826 SK04 and SK07 (Huang et al., 2014; Mathis et al., 2014) from Lake Son Kol using distinct 827 lithological marker layers. Studied cores are located on the map provided in Fig. 1. (b) Age 828 model for core SK06 based on the *P Sequence* depositional model (model parameter k=1) 829 established using Oxcal 4.4 (Ramsey, 1995, 1998, 2001). The blue envelope corresponds to 830 the 2σ probability range. See text for detail. 831 832 Figure 3: (a) Visible signatures and (b) continuum removal spectra with associated main 833 absorptions for Chl a (and derivatives), phycocyanin and Bphe a (Bacteriopheophytin a) from 834 three selected intervals in which these pigments are abundant in core SK06. 835 836 Figure 4: (a) PCA biplot of major elements obtained by XRF core scanner and hyperspectral 837 analyses (PC1 vs PC2). PC1 vs PC3 and PC2 vs PC3 are shown in Fig. S4. (b) Comparison 838 between Ca, Fe and Ti content from XRF core-scanner and discrete XRF analyses in core 839 SK07. 840 841 **Figure 5:** Hyperspectral image and spectral indices (relative absorption band area or RABA) 842 for core SK06. From left to right: 500-µm resolution Br and S (XRF core-scanner), 843 distribution maps and plots of Chl a plus derivatives (RABA630–700), phycocyanin 844 (RABA600–630), Bacteriopheophytin (Bphe a) (RABA750–900) and aromatic organic 845 matter (ARO; RABA1660–1690), respectively. Grey shadings outline intervals with higher 846 Br, S, phycocyanin and Bphe a contents, which are tied to the occurrence of dark organic

sediments in core SK06. Yellow shadings outline intervals with elevated content in Chl a and phycocyanin in core SK06. Figure 6: Average changepoint model's slope calculated for PC1. The green curve in the individual plots outlines the most pronounced regime shift identified around 5050 cal. yr BP. Purple-filled curves correspond to abrupt shifts identified in both PC1 and PC2. Figure 7: Average changepoint model's slope calculated for PC2. The green curve in the individual plots outlines the most pronounced regime shift identified around 5250 cal. yr BP. Purple-filled curves correspond to abrupt shifts identified in both PC1 and PC2. **Figure 8:** Close-up on XRF and hyperspectral data for the interval 131.5–151.5 cm in core SK06 (ca. 6500–5600 cal. yr BP), plotted against grain size (clay, sand), stable isotope (δ^{18} O, δ¹³C_{org}), total organic matter (TOC), total carbon (TC), total nitrogen (TN) and C/N data from core SK07 in Lake Son Kol (Huang et al. 2014; unpublished data). Yellow shadings refer to intervals characterized by dark organic layers with coarser minerogenic detritus, high Br, S, Bphe a, ARO in core SK06, as well as high TOC (and TC, TN and C/N) and depleted δ^{18} O and $\delta^{13}C_{org}$ values in core SK07. Figure 9: Time series of hyperspectral, geochemical and PCA data for Lake Son Kol (core SK06), plotted with proxy data from core SONK 11 D1/2 from Lake Son Kol (Lauterbach et al., 2014; Schwarz et al., 2017). XRF (9-point running means) and hyperspectral data (15point running means) for core SK06 are represented as standardized values (mean = 0, standard deviation = 1). Yellow shadings outline periods for which hypolimnetic euxinia

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prevailed in Lake Son Kol. See text for detail.

872 873 Figure 10: Comparison of geochemical and palynological proxies from Lake Son Kol to 874 other regional records in Central Asia. Shaded areas indicate periods characterized by 875 relatively warm summers and milder winters/springs with intensified precipitation (rain or 876 snow) at Lake Son Kol, favoring enhanced winter/spring snow thaw episodes; (a) Bphe a 877 record from Lake Qinghai, China (Ji et al., 2009); (b) alkenone-inferred temperature record at Lake Qinghai (Hou et al., 2016); (c) speleothem δ^{18} O record from Tonnel'naya (Ton) Cave, 878 Uzbekistan (Chen et al., 2016); (d) speleothem δ^{18} O record from Baluk Cave, China (Liu et 879 880 al., 2019); (e) influx of coprophilous fungi sensu stricto (core SK06, this study); (f) arboreal 881 pollen (%) record from Lake Son Kol, Kyrgyzstan (Mathis et al., 2014); (g) total content of 882 Betulaceae (%) from Lake Son Kol, Kyrgyzstan (Mathis et al., 2014) and (h) Bphe a record 883 (15-point running means) from Lake Son Kol (core SK06, this study). 884 885 Figure S1: Core-to-core correlation between sediment cores SK06, SK04 and SK06 using 886 magnetic susceptibility. 887 888 Figure S2: Correlation of core SK06 (this study) with core SONK_11_D1/2 from Lauterbach 889 et al., (2014) using distinct lithological marker layers. 890 891 Figure S3: 500-µm resolution (grey curves) XRF core-scanner data exhibiting Br, S, Ti, Rb,

occurrence of dark organic sediments in core SK06.

Zr, Fe, Si, Ca, Sr and Mn. Red curves represent 31-point running means. Yellow shadings

outline intervals with high Br, S, Ti, Rb and low Zr, Ca, Sr and Mn, which are tied to the

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896 Figure S4: PCA biplots of major elements obtained by XRF core scanner and hyperspectral 897 analyses (PC1 vs PC3 and PC2 vs PC3). 898 899 Figure S5: Average changepoint models of PC1 and PC2 during the last 8500 years in core 900 SK06. 901 902 Figure S6: Thin-section images (cross-polarized light) of the detrital layer microfacies types 903 observed in dark organic-rich sediments; (a) minerogenic detrital layer characterized by rare 904 normal graded beds in a non-graded matrix-supported (i.e., fine silt) layer. Note the absence 905 of a sharp erosive basal layer; (b) a typical detrital layer exhibiting mixed organic (e.g., 906 phytoclasts), bioclasts (e.g., ostracod valves) and minerogenic detritus. Note the absence of 907 grading into the detrital layer; (c, d) organic detrital layer mainly consisting of phytoclasts, 908 interpreted as reworked terrestrial material (sheet-wash) from the catchment. 909 910 **Table 1:** AMS ¹⁴C dates obtained on terrestrial plan remains and bulk sediment OM (with 911 unknown proportion of aquatic OM) in cores SK07 and SK04 (Huang et al., 2014) and core 912 SONK_11_D1/2 (Lauterbach et al., 2014). Published AMS ¹⁴C dates were transposed to core 913 SK06 using lithological and magnetic susceptibility-inferred correlations (Figs. 2a, S1 and 914 S2). Conventional ¹⁴C ages were calibrated using Oxcal 4.4 with the IntCal20 calibration 915 dataset (Reimer et al., 2020). A reservoir correction of 150 years was applied before 916 calibration to conventional ¹⁴C ages. Only the samples with asterisks (*) were considered for 917 age modeling (see text for detail). 918

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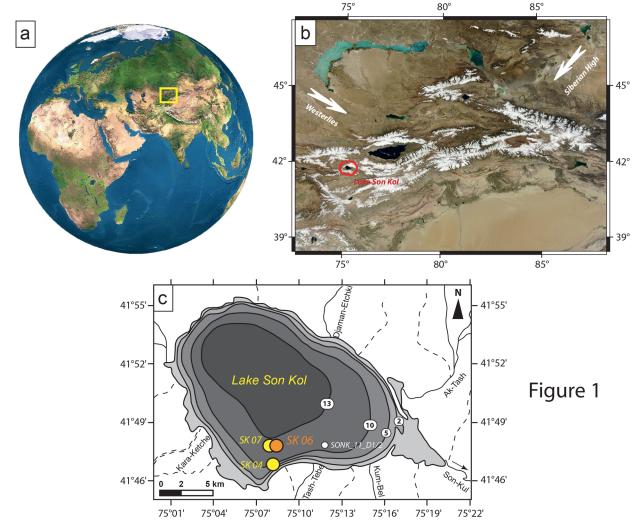
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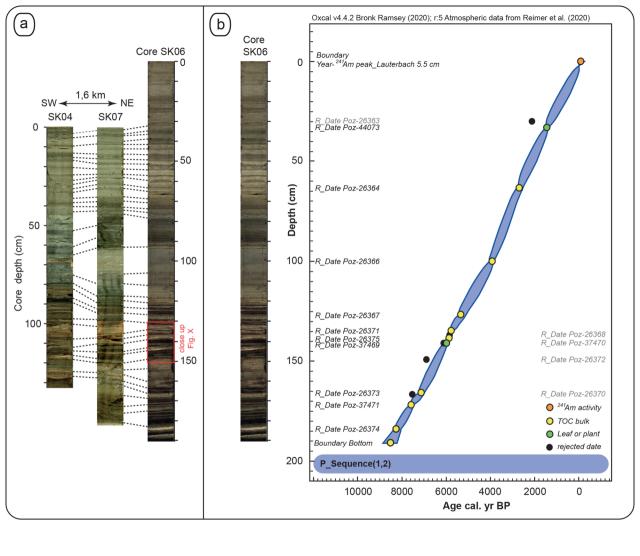


Figure 2

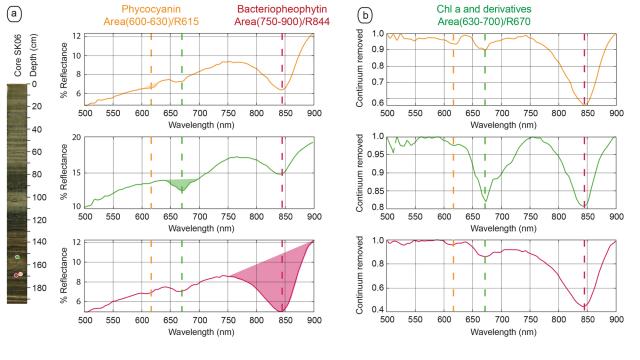


Figure 3

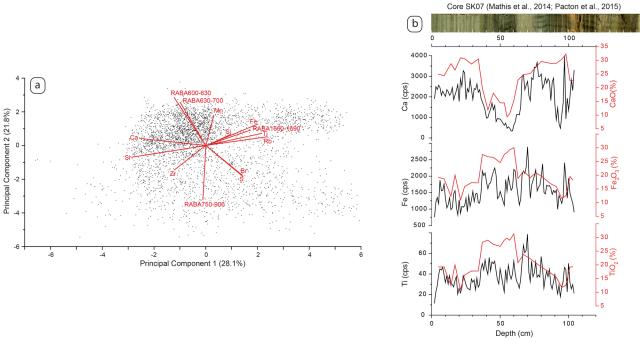


Figure 4

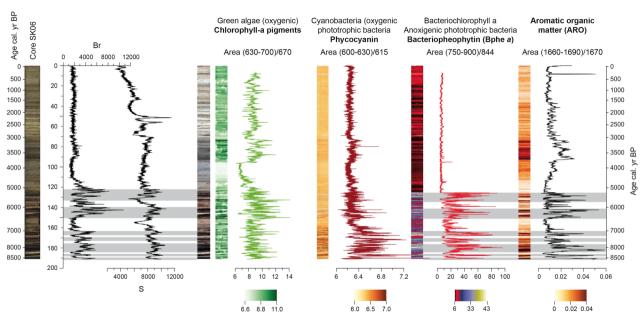


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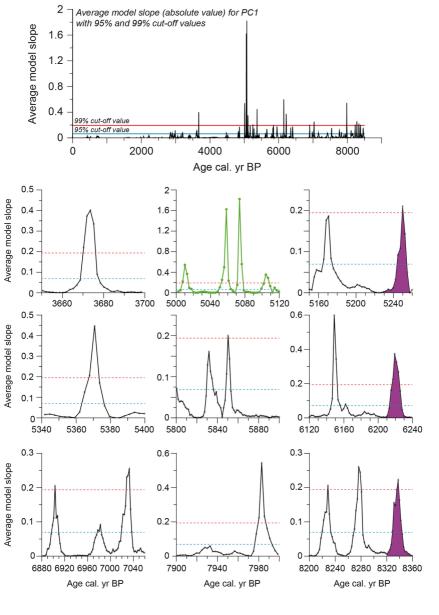


Figure 6

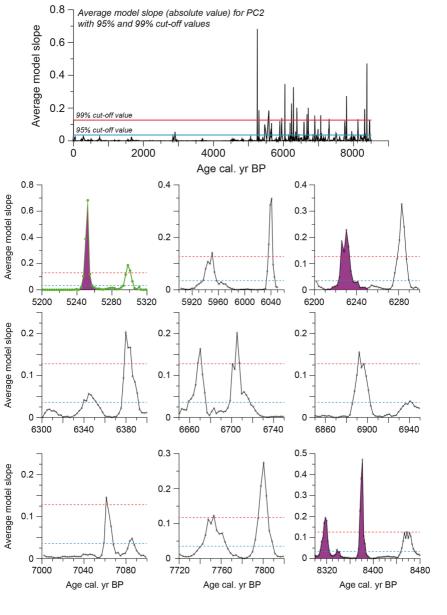


Figure 7

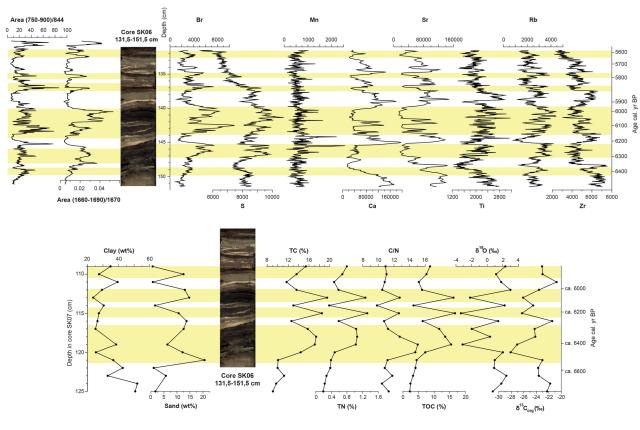
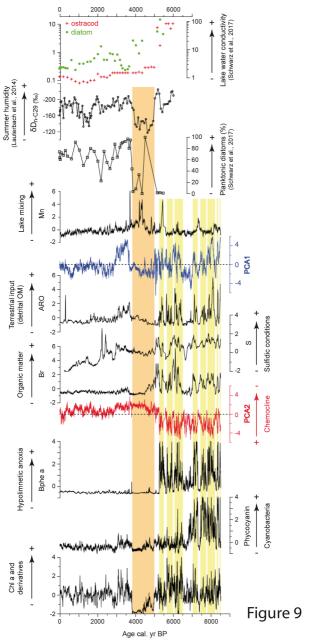


Figure 8



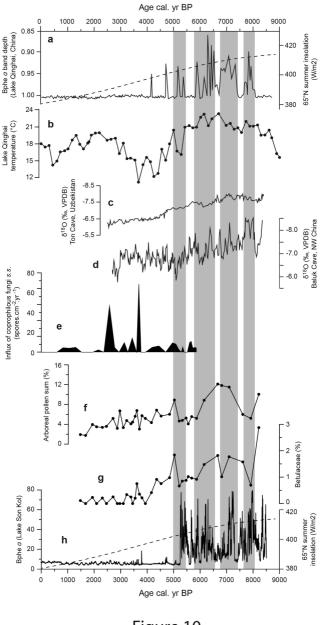


Figure 10

Lab. ID	Sampling interval	Dated material	Correlation LITHO	AMS ¹⁴ C age	Corr. AMS ¹⁴ C	Calibrated age		
			in Core SK6 (cm)	$(yr BP + \sigma)$	age (yr BP + σ)	(cal. yr BP + 2σ)		
	SONK_11_D1/2 (Lauterbach et al., 2014)	²⁴¹ Am peak (5,5 cm)	2			-13		
Poz-26363	Sonkul 4A 0-75 0-1cm	Bulk sediment	30	2000 ± 30	1850 ± 30	2139**		
*Poz-44073	SONK_11_D1/2 (Lauterbach et al., 2014)	Terrestrial plant remains	33	1575 ± 35				
*Poz-26364	Sonkul 4A 0-75 30-31cm	Bulk sediment	63,5	2770 ± 40	2620 ± 40			
*Poz-26366	Sonkul 4A 75-150 0-1cm	Bulk sediment	100	3750 ± 35	3600 ± 35			
*Poz-26367	Sonkul 4A 75-150 20-21cm	Bulk sediment	127	4730 ± 40	4580 ± 40			
*Poz-26371	Sonkul 7A 120-180 0-1cm	Bulk sediment	135	5270 ± 40	5120 ± 40			
Poz-26368	Sonkul 4A 75-150 40-41cm	Bulk sediment	137	5240 ± 40	5090 ± 40	5817**		
*Poz-26375	Sonkul 7A 120-180 5cm	Bulk sediment	139	5250 ± 40	5100 ± 40			
Poz-37470	Sonkul 7A 120-180 cm 7.2 cm- 8.6cm	Bulk sediment	141	5410 ± 40	5260 ± 40	6052**		
*Poz-37469	Sonkul 7A 120-180 cm 7.2 cm- 8.6cm	Terrestrial plant remains	141	5460 ± 40	5310 ± 40			
Poz-26372	Sonkul 7A 120-180 15.5-16.5cm	Bulk sediment	149	6200 ± 50	6050 ± 50	6900**		
Poz-26370	Sonkul 4A 75-150 65-66cm	Bulk sediment	167?	6790 ± 40	6640 ± 40	7521**		
*Poz-26373	Sonkul 7A 120-180 26.5-27.5cm	Bulk sediment	166	6330 ± 50	6180 ± 50			
*Poz-37471	Sonkul 7A 120-180 cm 37.5-38.5cm	Bulk sediment	172	6880 ± 50	6730 ± 50			
*Poz-26374	Sonkul 7A 120-180 45.5-46.3cm	Bulk sediment	184	7570 ± 50	7420 ± 50			
The asterisks (*) denotes the radiocarbon dates applied to establish the age modelling. Bold samples correspond to excluded dates from age-de-								
Double asteriks (**) correspond to median probability ages as calculated online with Oxcal8.2								